

Though many men are into brand name sunglasses and designer sunglasses, fact is that women tend to care more about clothing accessories and fashion. So, while the following guidelines refer primarily to women's sunglasses, rest assured, gentlemen, we include a few pointers for you.

You can, of course, wear whatever sunglasses you like, regardless of what anyone else thinks. However, to achieve the best fashion appearance, specific sun glasses styles work best with the five basic face shapes. The desired effect is balance -- wear sunglasses that are what your face is not.

kent kreitler pro skier



### Square

The square face (in men, usually described as strong-jawed) was epitomized by First Lady Jacqueline Kennedy in the 1960s. Wearing oversized sunglasses, she popularized a style (now often called the Jackie O) which remains in vogue. For women's sunglasses, the curvier styles, round or cat's eye, will compliment your angular features. Gentlemen usually want a more strong-jawed appearance than less, so enhance the effect by wearing sunglasses with sharp angles.

wendy simms pro mtb



### Triangle

The heart-shaped face (in men, triangular) has a wide forehead and narrow chin. Choose sun glasses with cat's eye frames or any with well-rounded edges; fashion sunglasses with a wider lower edge and no straight lines along the top work especially well.

whit raymond announcer



### Oblong

The long or oblong face also calls for oversized sunglasses. Round or rectangular lenses and sun glasses with thick frames add width; tall or deep lenses and fashion sunglasses with decorative frames or vintage style also fit.

ian adamson pro athlete



### Round

The round face has the most noticeable curves, so the sunglasses should have fewest. Sun glasses with narrow frames, frames with high temples and very colorful frames, like classic tortoiseshell fashion sunglasses, also add definition.

lel tone pro mtn guide



### Oval

The oval face has gently rounded curves that work with virtually any style from sport sunglasses to designer sunglasses, those that look best are sun glasses which cover from the eyebrows to the cheek bones

